Welcome/Introductions  

Co-chair Beth Sise opened up the meeting and welcomed everybody. Everyone proceeded to introduce themselves.

SPC Overview/Website Update  

CHIP staff reviewed the SPC overview and website features.
Assessment + Evaluation (Beth Sise)
Committee met and discussed the 2015 community report and beginning the process of gathering the 2014 data and potentially looking at releasing the report in November instead of September but this is still being discussed. It was recommended that the report be themed around age groups youth, older adults. The Coronado Bridge suicides data provided by HHSA was reviewed and discussed how the council can help support Coronado stakeholders to improve the protective factors for people on the bridge.

Media Subcommittee (Stan Collins)
Committee met and discussed the suicide responsible reporting refresher events potential dates, themes, locations, speakers, etc. It was recommended that the theme revolved around mental health and suicide prevention and Robin Williams’s unfortunate suicide. Event is being planned for April 2015 meeting will continue to coordinate the details.

Faith Organization Outreach (Elizabeth Vaughan)
Committee met and decided on the committee goals and finalized those. In addition, they reviewed the results from the Faith Breakfast and received a presentation on programs that military make use.

Schools Collaborative (Carol Skiljan)
Committee met and disseminated the results from their survey to those that took it and are beginning to plan for mental health/suicide prevention resource fairs for the school districts in the county planning the first one for April 2015. It was suggested that the outreach also include the charter and private schools in the County.

Higher Education (Judy Foster)
Committee met and debriefed the Out of the Darkness Walk and Depression screening week. They also shared the spring plans for each campus. The next Campus Plunge was decided for March 2015 in Miracosta in conjunction with their strategizing forum.

Helpline Collaborative (Yeni L. Palomino)
This committee has seen a lot of transition of staff and programs we are currently waiting for new staff to be identified and invited to participate in the HelpLine.

Upcoming Events

QPR Refresher (January 28, 2015)
For certified local trainers to come and learn about new resources, tools, trainer updates. It also gives them an opportunity to meet other trainers from the County.

QPR Train the Trainer (February 3, 2015)
In collaboration with 2-1-1 and VA this training is limited and applications were submitted to be able to receive a place in the training. Those whose applications were approved have been contact to confirm their attendance. A total of 35 new trainers will come from this train the trainer.

ASIST Training (February 26-27, 2015)
Currently being planned in collaboration with the Native American community and this training will be hosted in El Campo. It will be the first time that the new version A11 will be used in San Diego County.
SPC Medical Provider Roundtable Breakfast (February 13, 2015)
Event is around the corner and registration is open and there are already 160+ people RSVP for the event all speakers have been confirmed and just continuing to do outreach for this event. It is opened to all stakeholders.

SPC Spotlight – Know The Signs 11:00am Stan Collins/Jana S.
Know The Signs is closing out this June 2015 and they need to disseminate all their materials they have lots of materials and want to make sure they are out in the community so they urge for partners to submit orders. Emailed will be send out to SPC with the details.

Additional Updates / Announcements 11:20am All
Feb 13th Love Your Heart event countywide to check your blood pressure (more information to be emailed out)
Feb 16th Directing Change submissions due if you know a school that’s interested let them know
May 2nd NAMI Walk
MHASD is now offering FREE Mental Health First Aid trainings just contact www.mhasd.org to attend or host Dana Richardson announced the staff changes from Elizabeth Vaughan our current Program Assistant that will be transitioning out at the end of February and moving into a new role within CHIP. Replacing her as Program Assistant will be Lora Cayanan and she will be starting February 2, 2015.

Adjournment 11:30am Carol Skiljan

Next SPC Meeting
Tuesday, February 24, 2015, 10:00-11:30am
United Way (4699 Murphy Canyon Rd. San Diego, 92123)
(Email: Yeni Palomino to RSVP ypalomino@sdchip.org)

Other Upcoming Meetings:

SPC Faith Outreach Subcommittee
Wednesday, February 18, 2015, 10:00am-12:00pm
(To RSVP email ypalomino@sdchip.org)

Higher Education Subcommittee Meeting
March 6, 2015 from 9:00am-11:30am
Campus Plunge @ Miracosta
(To RSVP email ypalomino@sdchip.org)

Help Line Collaborative Meeting
Date/Time TBD
Conference Call
(email: Yeni Palomino for more information ypalomino@sdchip.org)

Assessment & Evaluation Subcommittee Meeting
March 2, 2015 from 1:00pm-2:30pm
CHIP Offices
(To RSVP email ypalomino@sdchip.org)
Media Subcommittee Meeting
February 9, 2015 from 10:00am-11:30am
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email ypalomino@sdchip.org)

School Collaborative Subcommittee Meeting
TBD
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email ypalomino@sdchip.org)

Upcoming Events:

QPR Refresher Workshop
Wednesday, January 28th from 1:00pm-3:00pm
Location: United Way
(for information email: evaughan@sdchip.org)

QPR Train the Trainer
Tuesday, February 3, 2015 8:00am-5:00pm
(for information email: evaughan@sdchip.org)

SPC Medical Provider Roundtable
Friday, February 13, 2015 8:00am-1:00pm
Location: University of San Diego, Joan Kroc Institute for Peace & Justice
(for information email: ypalomino@sdchip.org)

ASIST Workshop
Thursday-Friday, February 26-27, 2015 8:30am-4:30pm
Location: Campo, CA
(for information email ypalomino@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx
Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention

**FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE**

www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.