Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

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<thead>
<tr>
<th>Name</th>
<th>Organization/Role</th>
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<tr>
<td>Awichu Akwanya</td>
<td>MHA SD</td>
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<tr>
<td>Sandra Ambrosi</td>
<td>Glenner Day Center</td>
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<td>Courtney Boatman</td>
<td>Phoenix House</td>
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<td>Janet Cacho</td>
<td>HHSA BHS</td>
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<td>Candice Colon</td>
<td>Wave Academy</td>
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<td>Ruth Covell, M.D.</td>
<td>UCSD</td>
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<td>Kurt Cunningham</td>
<td>MHA SD</td>
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<td>Burton Disner</td>
<td>NC Home Health Products</td>
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<td>Janet Green</td>
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<td>Rhonda Haistone</td>
<td>Coronado Bridge Collaborative</td>
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<td>Liz Kruidenier</td>
<td>NAMI NC LWV</td>
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<td>Anabel Kuykendall</td>
<td>HHSA AIS</td>
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<td>Jennifer Mendel</td>
<td>BHAB/GUHSD</td>
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<td>Lisa Mills</td>
<td>Sharp Mesa Vista Hospital</td>
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<td>Michael Miller</td>
<td>CRF-MAST Program</td>
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<td>Jenni Morel</td>
<td>SOSL</td>
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<td>Andrea Niestas</td>
<td>Aurora BHC</td>
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Welcome/Introductions

Dana Richardson opened the meeting and welcomed the group. Everyone proceeded with introductions.

SPC Overview/Website Update

Dana briefly discussed an overview of the SPC, its history, efforts, and SPC website.
Media Subcommittee
The committee met to discuss the upcoming Responsible Reporting and PIO Workshop which will be held on April 23rd and 24th for media members and those interested media advocacy training. The group is finalizing an agenda for both days.

Faith Organization Outreach
This year’s Faith Breakfast will be held on May 22nd at Marina Village. Dana went over the agenda for the event which will feature keynote speaker, Adrienne Hament of Los Angeles County’s Faith-Based Collaborative. Local panelists of San Diego faith leaders will be featured at the breakfast in addition to members of the Faith Organization Outreach subcommittee in a testimonial panel.

Debrief Events

QPR Refresher (January 28, 2015)
The event served as a meeting for current gatekeepers to discuss best practices and share tips. Attendees also brought up training effectiveness, obstacles, and ways to improve.

QPR Train the Trainer (February 3, 2015)
The QPR Train the Trainer event was held at the VA Hospital San Diego in partnership with 2-1-1 San Diego and the VA. 36 new trainers became certified to conduct QPR trainings. Currently, there are almost 9,000 San Diegans trained in QPR.

SPC Medical Provider Roundtable (February 13, 2015)
The SPC Medical Provider Roundtable was held at USD with almost 200 individuals in attendance throughout San Diego and Southern California. The Roundtable featured a presentation on a suicide risk screening tool, C-SSRS, by Dr. Posner of Columbia University Medical Center. Following the presentation were two panel discussions on suicide in the County. CHIP staff is working to create a survey for next steps in implementing the tool through a webinar or other trainings.

Discussion

Coronado Bridge Safety (Rhonda Haiston)
Rhonda Haiston of the Coronado Bridge Collaborative presented the group’s current efforts on bridge safety. There is an average of seven deaths a year at the bridge. The group has received support from Coronado’s City Councilwoman, Carrie Downey. The group also discussed next steps for safety net funding from Caltrans, like that of the Golden Gate Bridge in San Francisco. Members of the committee suggested writing letters of support and online petitioning to assist in this cause.

SPC Spotlight – Mental Health America
Mental Health America is hosting a series of Mental Health First Aid trainings, which provide the skills to recognize mental health signs. Mental Health America offers specialized trainings for adults, adults working with youth, veteran populations, law enforcement, higher education populations, and in Spanish. Carried informed the group that Mental Health First Aid trainings are now one day in length and free to the public. For those that are interested in attending a Mental Health First Aid training or hosting a training, the contact person for this is Racquel Morrison rmorrison@mhasd.org.
Additional Updates / Announcements 11:20am All
April 11th is SOSL Day, which will feature keynote speaker, Diana Waugh.
May is Mental Health Month
May 2nd NAMI Walk & Resource Fair
June 13th is SOSL Inaugural 5K run and walk. More information to come.
October is “Check Your Mood”/Depression Screening Week. For those interested in being part of the planning committee, please contact Jayne Reinhardt.
This was Elizabeth’s last meeting with the committee before transitioning to her new position within CHIP. Members of the committee took time to say a few words to Elizabeth and express their well wishes.

Adjournment 11:30am Dana Richardson

Next SPC Meeting
Tuesday, March 24, 2015, 10:00-11:30am
United Way (4699 Murphy Canyon Rd. San Diego, 92123)
(Email: Lora Cayanan to RSVP lcayanana@sdchip.org)

Other Upcoming Meetings:

Assessment & Evaluation Subcommittee Meeting
March 2, 2015 from 1:00-2:30pm
CHIP Offices
(To RSVP email lcayanana@sdchip.org)

Media Subcommittee Meeting
March 9, 2015 from 10:00am-11:30am
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanana@sdchip.org)

Higher Education Subcommittee Meeting
March 13, 2015 from 9:00am-11:30am
Campus Plunge @ Miracosta
(To RSVP email lcayanana@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, March 18, 2015, 10:00am-12:00pm
(To RSVP email lcayanana@sdchip.org)

School Collaborative Subcommittee Meeting
TBD
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email ypalamino@sdchip.org)
Upcoming Events

NAMI Walk
Saturday, May 2, 2015
(for information email: www.namisd.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.