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<p>SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC) MEETING - MINUTES Tuesday, February 24, 2015 10:00 am – 11:30 am United Way 4699 Murphy Canyon Rd. San Diego, 92123</p>

Our Vision: Zero Suicides in San Diego County

Our Mission: To prevent suicide and its devastating consequences in San Diego County

Awichu Akwanya – MHA SD	Joel Nowak
Sandra Ambrosi – Glenner Day Center	Christopher Oneal – Optum Health
Courtney Boatman – Phoenix House	Bob Parsons – QPR Trainer
Janet Cacho – HHSB BHS	Jayne Reinhardt – HHSB
Candice Colon – Wave Academy	Marge Reyzer – Mira Costa College
Ruth Covell, M.D. – UCSD	Dana Richardson – CHIP
Kurt Cunningham – MHA SD	Oscar Telaro – BHS
Burton Disner – NC Home Health Products	Whitney Wilson – JFS Patient Advocacy
Janet Green	Cintha Luis – NAMI SD
Rhonda Haiston – Coronado Bridge Collaborative	Judi Patterson – MHA SD
Liz Kruidenier – NAMI NC LWV	Jennifer Santis – C2C
Anabel Kuykendall – HHSB AIS	Ashley Brown – Sharp Mesa Vista
Jennifer Mendel – BHAB/GUHSD	Aaron Weislogel – BHETA
Lisa Mills – Sharp Mesa Vista Hospital	Carrie Christie – MHA SD
Michael Miller – CRF-MAST Program	Elizabeth Vaughan – CHIP
Jenni Morel – SOSL	Lora Cayanan – CHIP
Andrea Niestas – Aurora BHC	Ulysses Downing Jr.

Welcome/Introductions

10:00am

Dana Richardson

Dana Richardson opened the meeting and welcomed the group. Everyone proceeded with introductions.

SPC Overview/Website Update

10:10am

Dana Richardson

Dana briefly discussed an overview of the SPC, its history, efforts, and SPC website.



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SPC Subcommittees Update

10:20am

Dana Richardson

Media Subcommittee

The committee met to discuss the upcoming Responsible Reporting and PIO Workshop which will be held on April 23rd and 24th for media members and those interested media advocacy training. The group is finalizing an agenda for both days.

Faith Organization Outreach

This year's Faith Breakfast will be held on May 22nd at Marina Village. Dana went over the agenda for the event which will feature keynote speaker, Adrienne Hament of Los Angeles County's Faith-Based Collaborative. Local panelists of San Diego faith leaders will be featured at the breakfast in addition to members of the Faith Organization Outreach subcommittee in a testimonial panel.

Debrief Events

10:30am

Dana Richardson

QPR Refresher (January 28, 2015)

The event served as a meeting for current gatekeepers to discuss best practices and share tips. Attendees also brought up training effectiveness, obstacles, and ways to improve.

QPR Train the Trainer (February 3, 2015)

The QPR Train the Trainer event was held at the VA Hospital San Diego in partnership with 2-1-1 San Diego and the VA. 36 new trainers became certified to conduct QPR trainings. Currently, there are almost 9,000 San Diegans trained in QPR.

SPC Medical Provider Roundtable (February 13, 2015)

The SPC Medical Provider Roundtable was held at USD with almost 200 individuals in attendance throughout San Diego and Southern California. The Roundtable featured a presentation on a suicide risk screening tool, C-SSRS, by Dr. Posner of Columbia University Medical Center. Following the presentation were two panel discussions on suicide in the County. CHIP staff is working to create a survey for next steps in implementing the tool through a webinar or other trainings.

Discussion

Coronado Bridge Safety (Rhonda Haiston)

Rhonda Haiston of the Coronado Bridge Collaborative presented the group's current efforts on bridge safety. There is an average of seven deaths a year at the bridge. The group has received support from Coronado's City Councilwoman, Carrie Downey. The group also discussed next steps for safety net funding from Caltrans, like that of the Golden Gate Bridge in San Francisco. Members of the committee suggested writing letters of support and online petitioning to assist in this cause.

SPC Spotlight – Mental Health America

11:00am

Carrie Christie

Mental Health America is hosting a series of Mental Health First Aid trainings, which provide the skills to recognize mental health signs. Mental Health America offers specialized trainings for adults, adults working with youth, veteran populations, law enforcement, higher education populations, and in Spanish. Carried informed the group that Mental Health First Aid trainings are now one day in length and free to the public. For those that are interested in attending a Mental Health First Aid training or hosting a training, the contact person for this is Racquel Morrison rmorrison@mhasd.org.

Additional Updates / Announcements

11:20am

All

April 11th is SOSL Day, which will feature keynote speaker, Diana Waugh.

May is Mental Health Month

May 2nd NAMI Walk & Resource Fair

June 13th is SOSL Inaugural 5K run and walk. More information to come.

October is "Check Your Mood"/Depression Screening Week. For those interested in being part of the planning committee, please contact Jayne Reinhardt.

This was Elizabeth's last meeting with the committee before transitioning to her new position within CHIP.

Members of the committee took time to say a few words to Elizabeth and express their well wishes.

Adjournment

11:30am

Dana Richardson

Next SPC Meeting

Tuesday, March 24, 2015, 10:00-11:30am

United Way (4699 Murphy Canyon Rd. San Diego, 92123)

(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)

Other Upcoming Meetings:

Assessment & Evaluation Subcommittee Meeting

March 2, 2015 from 1:00-2:30pm

CHIP Offices

(To RSVP email lcayanan@sdchip.org)

Media Subcommittee Meeting

March 9, 2015 from 10:00am-11:30am

Community Health Improvement Partners

5095 Murphy Canyon Murphy Rd. Suite 105

(To RSVP email lcayanan@sdchip.org)

Higher Education Subcommittee Meeting

March 13, 2015 from 9:00am-11:30am

Campus Plunge @ Miracosta

(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee

Wednesday, March 18, 2015, 10:00am-12:00pm

(To RSVP email lcayanan@sdchip.org)

School Collaborative Subcommittee Meeting

TBD

Community Health Improvement Partners

5095 Murphy Canyon Murphy Rd. Suite 105

(To RSVP email ypalomino@sdchip.org)

Upcoming Events

NAMI Walk

Saturday, May 2, 2015

(for information email: www.namisd.org)

SPC Tools:

SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch

SPC Flyer; SPAP & SPC Standard Presentation;

San Diego County Responsible Reporting on Suicide Guidelines

SPAP & SPC Sample Newsletter Text; SPC 2011 Activities

www.spcsandiego.org

Suicide Prevention Action Plan

www.up2sd.org/find-help/resources/suicide-prevention-and-support

www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention

FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE

www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.