Welcome/Introductions 10:00am  Beth Sise/Carol Skiljan

Beth and Carol welcomed the group and led everyone with roundtable introductions.

SPC Overview/Website Update 10:10am  Yeni L. Palomino

Yeni provided a brief history of the Suicide Prevention Council and gave an update on the SPC website: www.spcsandiego.org

SPC Subcommittees Updates 10:20am  Yeni L. Palomino

Faith Organization Outreach (Lora Cayanan)
An overview of the Faith Breakfast will be given later on in the agenda. Lora informed the group of an upcoming Faith subcommittee meeting on June 17 at 11am.
Assessment + Evaluation Subcommittee (Beth Sise)
Beth provided an overview of the Assessment & Evaluation subcommittee’s purpose. The group is currently working on the 2015 Report Card and will be finalizing the draft for approval in June. The next subcommittee meeting is set for June 9 at 1:30pm at CHIP. The group also discussed the C-SSRS suicide screening tool at their last meeting. A second Medical Provider Roundtable is planned for July 21st at USD as a follow-up to the first event in February.

School Collaborative (K-12) (Yeni L. Palomino)
The subcommittee met in April and went over the surveys they provided to schools on suicide prevention. From these surveys, a one-page narrative was created. Some of the findings indicated a request for more parent trainings on QPR and a need for a universal screening tool in the school setting. The group is also in the process of planning a resource fair and a forum with an LGBT youth focus.

SPC Faith Provider Breakfast Debrief
Lora provided an overview of the Faith Breakfast that was held on Friday, May 22nd at Marina Village. The morning started off with opening remarks from Dana and Piedad Garcia. Following was a keynote address from Adrienne Cedro-Hament of the County of Los Angeles Department of Mental Health and Pastor Melvin Ashley Jr. of the Greater Christian Love Center. Afterwards, a local spotlight panel was held, highlighting the different San Diego faith communities and their current efforts in incorporating mental health and suicide prevention. A second panel was held featuring SPC Faith subcommittee members. At this panel, members shared their personal testimonies on why they are involved with these efforts. Barriers and stigma were discussed throughout the event and attendees had the opportunity to share their experiences during roundtable discussions. Council members that attended the breakfast also discussed their takeaways from the event.

Upcoming Events
SPC Annual Stakeholders Meeting June 30, 2015 from 8:30am-2:30pm at Marina Village
The 2015 Annual Stakeholders Meeting will be held on June 30th at the Marina Village Dockside Room. The day will feature an LGBT presentation, a SDYS Hear Now program presentation, data from 2014, and awards. All those interested in attending are asked to RSVP to Lora.

SPC Spotlight – Wives of War
Wives of War is a local organization formed in response to difficulties faced by the family members and caretakers of service members. There were many groups that worked specifically with the military and veteran population, but not very many that worked with families. Wives of War aims to united military wives in a safe environment to provide support and to connect with one another. The group holds quarterly night retreats to provide expressive arts therapy. Brigid also spoke of her experience working with members that have experienced suicide ideation and the resources she has used in the situation. The group is also looking to expand their efforts to address the needs of the children affected.

Additional Updates / Announcements
- Kurt addressed a 3rd trans youth suicide and is working with the families in community.
- Kurt will be holding a QPR training at the LGBT Community Center on May 27 @ 6:30pm and is open to the public.
- SOSL will be having their inaugural 5k STRENGTH for the Journey Run on June 13. A small resource fair will be available for those interested in participating.
- Stan announced that the Directing Change winners were selected.
• Stan will be hosting a Primary Care Train the Trainer on suicide prevention at Kaiser on May 27.

Adjournment 11:30am Carol Skiljan

Next SPC Meeting
Tuesday, June 23, 2015, 10:00-11:30am
United Way (4699 Murphy Canyon Rd. San Diego, 92123)
(Email: Lora Cayanan to RSVP lcayanan@sdcchip.org)

Other Upcoming Meetings:

Assessment & Evaluation Subcommittee Meeting
June 9, 2015 from 1:30pm-3:00pm
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanan@sdcchip.org)

Media Subcommittee Meeting
TBD
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanan@sdcchip.org)

SPC Faith Outreach Subcommittee
Wednesday, June 17, 2015, 11:00am-1:00pm
United Way
(To RSVP email lcayanan@sdcchip.org)

Helpline Subcommittee Meeting
July 20, 2015 from 1:00pm-2:30pm
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanan@sdcchip.org)

School Collaborative Subcommittee Meeting
June 15, 2015 from 10:00am-11:30am
United Way
(To RSVP/Information email lcayanan@sdcchip.org)

Upcoming Events

SPC: ASIST Workshop
June 4-5, 2015 8:00am-5:00pm
Location: Marina Village (1936 Quivira Way, SD 92109)
(RSVP/Information: lcayanan@sdcchip.org)
SPC: Annual Stakeholders Meeting 2015
June 30, 2015 8:30am-2:30pm
Location: Marina Village (1936 Quivira Way, SD 92109)
(RSVP/Information: lcayanan@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.