SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC)
MEETING - MINUTES
Tuesday, June 23, 2015
10:00 am – 11:30 am
United Way
4699 Murphy Canyon Rd. San Diego, 92123

Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

| Sandra Ambrosi – Glenner Day Center | Anabel Kuykendall – HHSA AIS |
| Laura Andrews – MHASD | Halima Martelli – N. County Lifeline |
| Whitney Baugher – Indian Health Council | Jennifer Mendel – BHAB/GUHSD |
| Janet Cacho – HHSA BHS | Jenni Morel – Sosl |
| Candice Colon – Wave Academy | Alexis Munoz – County of SD HHSA |
| Ruth Covell, MD – UCSD | Andrea Niestas – Aurora BHC |
| Kurt Cunningham – MHA SD | Joel Nowak – MSW Student |
| Leah Davis – Civilian Agency | Jennifer Santis – Courage 2 Call |
| Burton Disner – North Coast Home Health Products | Beth Sise – Scripps Health |
| Kiley Dunne – North County Lifeline | Carol Skiljan – Yellow Ribbon |
| Traci Finch – BHS | Ed Weiner – BHAB |
| Heather Garcia – SDYS | Whitney Wilson – JFS Patient Advocacy |
| Meta Glenn – IHOT | Phil Deming – BHAB |
| Paula Goncalves – Community Research Foundation | Janie Hoover – BHAB |
| Janet Green | Amber Avery-Lewallen – Glenner Memory Care |
| Jerry Hall – BHAB | John Sturm – BHAB |
| Kathy Holmes – HHSA AIS | Monique Jaramillo |
| Shannon Jaccard – NAMI SD | Dana Richardson – CHIP |
| Janelle Kistler – UCSD Community Psychiatry | Yeni Palomino – CHIP |
| Liz Kruidenier – NAMI NC LMV | Lora Cayanan – CHIP |

Welcome/Introductions 10:00am  Beth Sise/Carol Skiljan

Beth and Carol welcomed the group and thanked everyone for attending. Attendees proceeded to introduce themselves.

SPC Overview/Website Update 10:10am  Yeni L. Palomino
Yeni provided a brief history of the Suicide Prevention Council and Suicide Prevention Action Plan. The SPC website was experiencing server issues, but has now been resolved.

**SPC Subcommittees Updates** 10:20am  Yeni L. Palomino

**Faith Organization Outreach (Lora Cayanan)**  
The Faith Organization Outreach subcommittee met via conference call to discuss the previous month’s Faith Breakfast. Subcommittee members provided their input on what went well and what could be improved. The group particularly enjoyed the keynote speakers and panelist stories. There were also suggestions to look at different venue and catering options. Furthermore, the group went over next steps for future breakfasts and the potential target groups and themes for next year such as, intergenerational, medical, and LGBT. The group will reconvene in July to further discuss May’s evaluation results and upcoming events.

**Assessment + Evaluation Subcommittee (Beth Sise)**  
Beth provided an overview of the Assessment & Evaluation committee and their work on the 2015 Report Card. The group is finalizing the report and will be sent to the County for approval. The group is planning to unveil the report during Suicide Prevention Week in September in similar fashion to the press conference held in 2014. The group also met to discuss the suicide risk assessment tool, the C-SSRS and the follow-up event to February’s Medical Roundtable. The Medical Provider Roundtable Part II will focus on the implementation and evidence behind the C-SSRS.

**School Collaborative (K-12) (Carol Skiljan)**  
The Schools Collaborative met to discuss the upcoming schools forum in North County. A resource fair and forum is being planned with an LGBTQ youth focus. The forum will be held in January 2016 at the SDCOE San Marcos office. The forum is targeted for administrators and parents of youth in the North County area and subcommittee members discussed dividing the day into two portions for both groups. The keynote speaker for the event is Dr. Vincent Pompei of the Human Rights Campaign. All schools collaborative meetings are now open to attend. Meetings are held on the second Monday of the Month from 1:30-3:00pm at United Way.

**Media Subcommittee (Yeni L. Palomino)**  
The media subcommittee met to discuss the media events from April. The group went over what went well for the events and what could be improved. Everyone agreed that more media representation was needed at the Media Forum and suggested ways to better engage the media, such as going to the stations/offices/meetings and providing presentations. The PIO Workshop was successful in reaching the targeted audience and providing the necessary resources for Communication Specialists and Public Information Officers. The group will continue to host this workshop in the next year. Carol also discussed a recent news article with inappropriate suicide reporting. Everyone is reminded of the resources that we can provide media found on the SPC website.

**Upcoming Events** 10:40am  Yeni L. Palomino

**ASM 2015 (June 30, 2015 8:30am-2:30pm at Marina Village)**  
The 2015 Annual Stakeholders meeting will be from 8:30am-2:30pm at the Marina Village Dockside Room. This meeting will serve as a convening of all stakeholders and will go over highlights and events from 2014. Presentations on San Diego County suicide data, LGBTQIA, Optum’s Chat Line services, QPR, and San Diego Youth Services will also be conducted. Awardees from the previous year will also be revealed. If interested in attending, please RSVP to Lora and Lcayanan@sdchip.org.

**SPC Medical Provider Roundtable Part II (July 21, 2015 8:00am-1:00pm at USD)**
As a follow-up to February’s Medical Provider Roundtable, SPC will be hosting the Medical Provider Roundtable Part II: C-SSRS The How and Why of Implementation on Tuesday, July 21st from 8:15am-2:30pm at USD Joan B. Kroc Institute for Peace & Justice. Speakers from Columbia University Medical Center will be presenting the evidence and implementation behind the tool. The cost to attend is $10, which will include breakfast, lunch, and 5.5 CME credits. For those interested in attending, a registration link and flyer will be provided soon.

47th Annual Association for Ambulatory Behavioral Healthcare National Training Conference (July 18-20, 2015 at Westgate Hotel)
For those interested in attending, the website to register and for more information, http://www.aabh.org/

2015 UMTR2ME Brain Games/Scavenger Hunt (August 8, 2015 at Downtown San Diego)
Jimm Greer and UMTR2ME will be hosting a Brain Games/Scavenger Hunt on August 8, 2015 in Downtown San Diego. For more information, please visit http://umtr2me.org/

SPC Spotlight – Aurora Behavioral Health Care, San Diego 11:00am Andrea Niestas
Aurora Behavioral Health Care San Diego is an 80-bed, private, full service behavioral healthcare facility, located in the Inland Empire County. The facility provides a variety of inpatient, day treatment and outpatient services for San Diego, and its surrounding county areas for psychiatric and chemical dependency care. Outpatient and inpatient programs are provided for adults, adolescents and children 12 and under. Andrea co-chairs Aurora’s Suicide Prevention Committee and the group has created educational pamphlets and crisis cards for patients and their families. Aurora will also be implementing the C-SSRS screening tool in the nursing departments of the facility.

Additional Updates / Announcements 11:25am All
- Caregiver Conference at Sharp on Friday June 26th
- AIS June Bulletins for Seniors and the Senior Report are now available

Adjournment 11:30am Carol Skiljan

Next SPC Meeting
Tuesday, July 28, 2015, 10:00-11:30am
United Way (4699 Murphy Canyon Rd. San Diego, 92123)
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)

Other Upcoming Meetings:

School Collaborative Subcommittee Meeting
July 13, 2015 from 1:30pm-3:00pm
United Way
(open meetings)
(To RSVP/Information email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee
Upcoming Events

SPC: Annual Stakeholders Meeting 2015
June 30, 2015 8:30am-2:30pm
Location: Marina Village (1936 Quivira Way, SD 92109)
(RSVP/Information: lcayanan@sdchip.org)

SPC: Medical Provider Roundtable Part II
July 21, 2015 8:00am-1:00pm
Location: University of San Diego
(Joan B. Kroc Institute for Peace & Justice Theater)
Light breakfast provided, cost: free
(RSVP/Information: lcayanan@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.