Welcome/Introductions
Beth and Carol, co-chairs of the Suicide Prevention Council, welcomed the group and thanked everyone for attending. Council members proceeded to introduce themselves.

SPC Overview/Website Update
Yeni L. Palomino
Yeni, Program Manager with CHIP, provided a brief overview and history of the SPC for first time attendees. She also shared the link to the SPC website, www.spcsandiego.org, which houses information on the SPC, trainings, events, and archived meetings.

SPC Subcommittees Updates
Yeni L. Palomino

Media/A+E Subcommittee (Stan Collins)
The SPC Media and Assessment & Evaluation Subcommittee is currently holding joint meetings to plan for the release of the 2016 Report to the Community at the SPC Press Conference in September. The press conference is
tentatively set for Wednesday, September 7th from 9:00am-10:00am at the County Administration Center, pending County leadership confirmation. CHIP will send an invite to the SPC with these details once finalized. The SPC Report to the Community features a Report Card which tracks six data indicators on suicide and suicide prevention efforts in the County. From the recent data, the suicide rate is keeping steady with last year’s number. The theme of this year’s report highlights at-risk populations for suicide: Native Americans, veterans/military, and LGBTQ youth.

Faith Organization Outreach (Lora Cayanan)
The Faith Organization Outreach Subcommittee met in July to debrief on the May Faith Breakfast event. The subcommittee provided their feedback on the event and shared what went well and possible opportunities to work on for future breakfasts. The group shared that they enjoyed the format of the event, the speakers, and felt that the setup of the event created an honest, open space for attendees to have meaningful discussions. There is possibility to host the Faith Breakfast in other regions of the County, particularly in the North for a future event. The group is also working on engaging the breakfast attendees by taking the information from the commitment cards returned and tracking the action steps these individuals take.

The Annual Stakeholders Meeting presentation was also shared at the last meeting and the group had an open discussion on selecting co-chairs for the subcommittee. The group will now be meeting bimonthly through the end of the year.

General Information

Yeni L. Palomino

SPC At Risk Populations for Suicide Forum debrief
On June 24th, the SPC held a Suicide Prevention for At-Risk Populations Educational Forum which highlighted the Native American, LGBTQ youth, and veterans/military populations. George & Whitney provided an in-depth presentation on Indian Health Council and the Native American populations. The VA and Courage to Call presented on their suicide prevention efforts with the military and veteran community. Spero Arts Foundation presented on expressive arts therapy for LGBTQ youth as a way to prevent suicides. Stan also shared information on general suicide prevention. The event was well attended and provided attendees with new resources.

SPC Annual Stakeholders Meeting- 5th Anniversary debrief
On June 28th, the SPC held their Annual Stakeholders Meeting/5th Anniversary event at the San Diego County Office of Education. The meeting featured presentations from all of the SPC subcommittees on their efforts and accomplishments through the years. The SDCOE provided information on the work they do with youth and mental health. Josh, Epidemiologist with the County, provided the most recent data on suicide. Jana of Your Social Marketer Inc., also shared the winning videos of the Directing Change contest. SPC handed out three awards for Outstanding Service, Outstanding Community Partner, and Outstanding Trainer. To commemorate the event, SPC gave 5-Year Anniversary magnets as a token of their appreciation to the Council for all of their work and support.

BHAB Suicide Prevention Workgroup Recommendations
The Behavioral Health Advisory Board’s Suicide Prevention Workgroup developed 10 recommendations that were passed and studied for feasibility. Yeni shared the recommendations and provided more details on the items specific to the Suicide Prevention Council. The contract is currently in procurement and will include some of the recommendations for implementation once awarded.

NERDS RULE, INC- Tristaca McCray Proclamation at Board of Supervisors Recognition
Tristaca McCray, Executive Director of NERDS RULE Inc., recently received a proclamation from the Board of Supervisors for her work in the community. Yeni attended the meeting and shared photos with the group. SPC members were asked to share any special events like this with CHIP staff to be recognized at future meetings.

Each Mind Matters Prevention Week Toolkit

Stan Collins

Stan presented on the Know the Signs/Each Mind Matters campaign’s Suicide Prevention Week Toolkit and shared the available resources. Suicide Prevention Week is September 5-11, 2016 and World Suicide Prevention Day is Saturday, September 10, 2016. The website features infographics, downloadable resources, drop in articles, and press release templates. Stan also shared that this year’s theme will have a special focus on older adults.

Spotlight Presentation - Telecare Corporation - Laura’s Law

Natalie Blair

Natalie Blair of Telecare San Diego Assisted Outpatient Treatment provided an overview on Laura’s Law and Telecare’s services. Laura’s Law is court ordered outpatient treatment for individuals who are resistant to treatment. In-Home Outreach Team makes referrals to AOT to conduct an examination for treatment. Natalie shared information on AOT’s role, individuals’ rights, and AOT’s structure.

Additional Updates / Announcements

- NAMI San Diego launched their new app, Organized Support Companion in an Emergency Situation (oscER), which is free on the App and Google Play store.
- Check Your Mood is October 10-16, 2016. Alexis is the co-chair of the event and is looking for volunteers and sites.
- SOSL first annual Ride for Life and Comedy Showcase on Saturday, September 10, 2016
- CAHM Forum at CSU San Marcos on September 24, 2016
- Save a Life Walk benefitting SOSL and Yellow Ribbon at Balboa Park in November

Adjournment

Carol Skiljan

Next SPC Meeting

Tuesday, August 23, 2016, 10:00am-11:30am

(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)

Other Upcoming Meetings:

SPC Faith Outreach Subcommittee

Wednesday, August 17, 2016, 11:00am-1:00pm

United Way

4699 Murphy Canyon Rd. San Diego, CA 92123

(To RSVP email lcayanan@sdchip.org)

SPC Higher Education Subcommittee Meeting

Wednesday, August 3, 2016, 10:00am-11:00am
Closed Conference Call
(To RSVP email lcayanan@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee Closed Meeting
Monday, August 8, 2016, 10:30am-12:00pm
Community Health Improvement Partners
(To RSVP email lcayanan@sdchip.org)

SPC Media/A+E Joint Subcommittee Meeting
Tuesday, August 9, 2016, 3:00-4:00pm
Conference Call
(To RSVP email lcayanan@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.