Suicide in San Diego County, 2012

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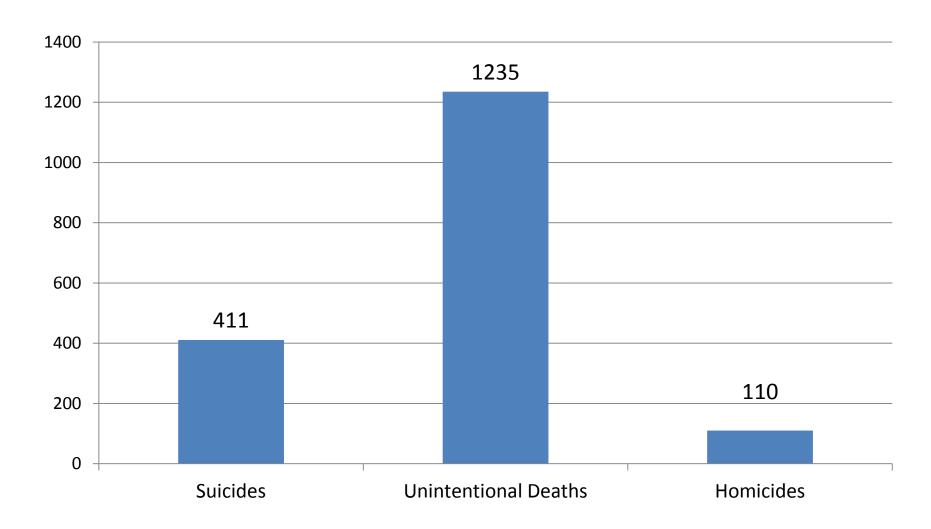
Suicides in 2012

- 411 Suicides 15.0 per 100,000 (10+ yrs)
 - Highest total suicides in San Diego County
 History (since we've been keeping track)
 - Highest rate since 1997
 - Gender
 - 307 Males
 - 104 Females
 - Age Range
 - 11 to 103 years





Non-natural Deaths, 2012



Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.





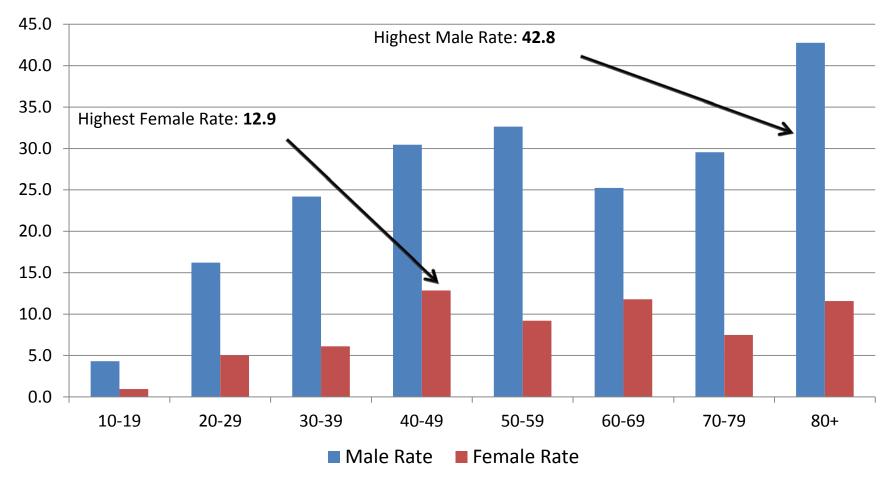
Suicides by Age Group in 2012

Age Group	Male	Male Rate	Female	Female Rate	Total	Total Rate
10-19	10	4.3	*	*	*	2.7
20-29	44	16.2	12	5.0	56	11.0
30-39	53	24.2	13	6.1	66	15.3
40-49	64	30.5	27	12.9	91	21.7
50-59	65	32.6	19	9.2	84	20.7
60-69	33	25.2	17	11.8	50	18.2
70-79	19	29.6	6	7.5	25	17.3
80+	19	42.8	8	11.6	27	23.8

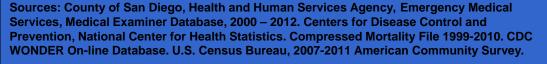
LIVE WELL SAN DIEGO



Suicides by Age Group and Gender







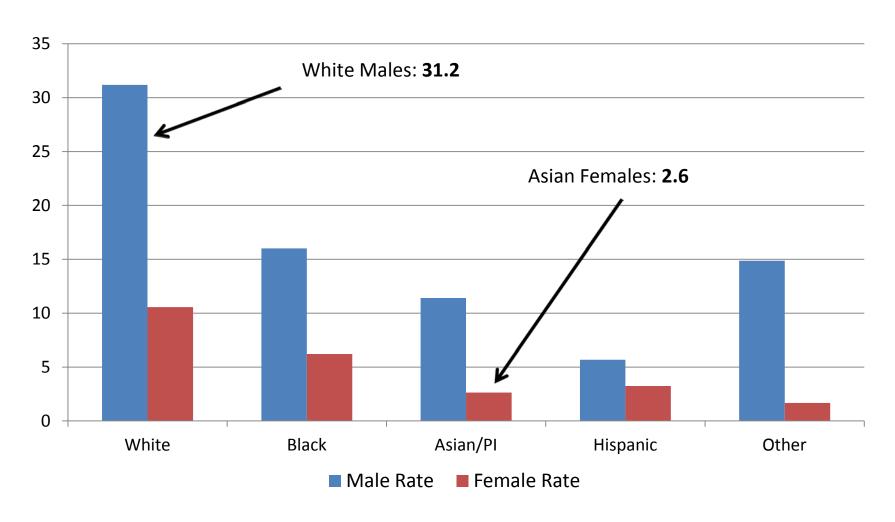
Suicides by Race in 2012

Race/ Ethnicity	Male	Male Rate	Female	Female Rate	Total	Total Rate
White	238	31.2	77	10.6	315	21.1
Black	12	16.0	*	*	16	11.5
Asian/PI	19	11.4	5	2.6	24	6.7
Hispanic	29	5.7	17	3.2	46	4.4
Other	9	14.9	*	*	10	8.3

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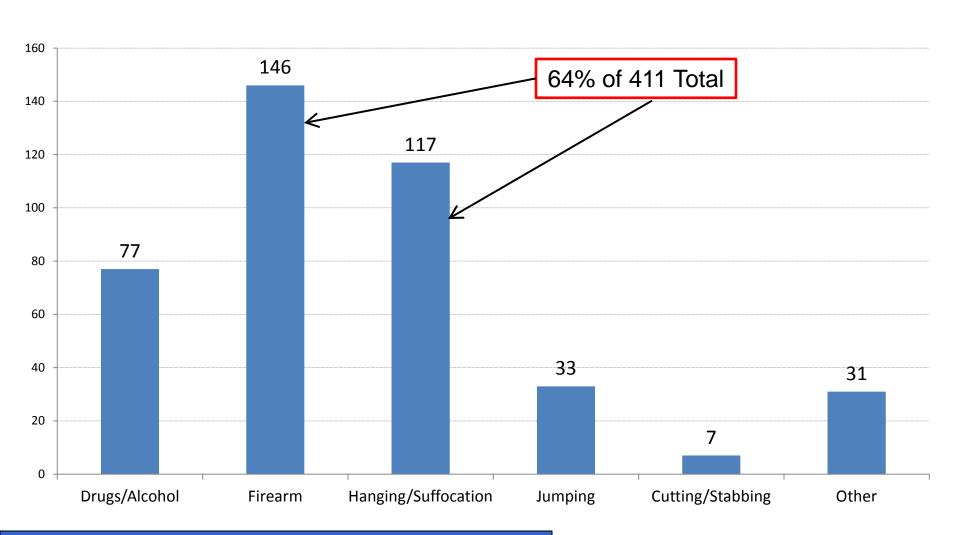
Suicides by Race and Gender







Suicides by Mechanism



Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.





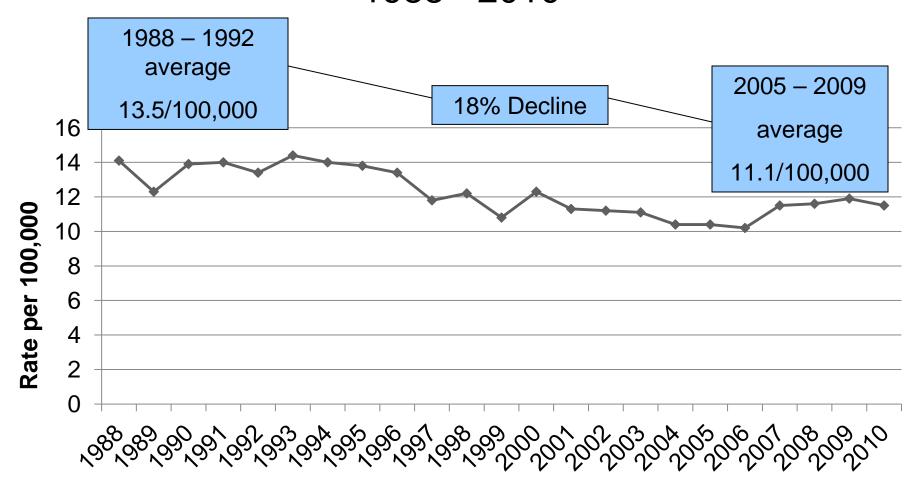
Suicide in San Diego County

TRENDS OVER TIME





Overall Suicide Rate by Year, San Diego County, 1988 - 2010







San Diego County Population

2010 Projected population: 3,224,432

2010 Census population: 3,095,313

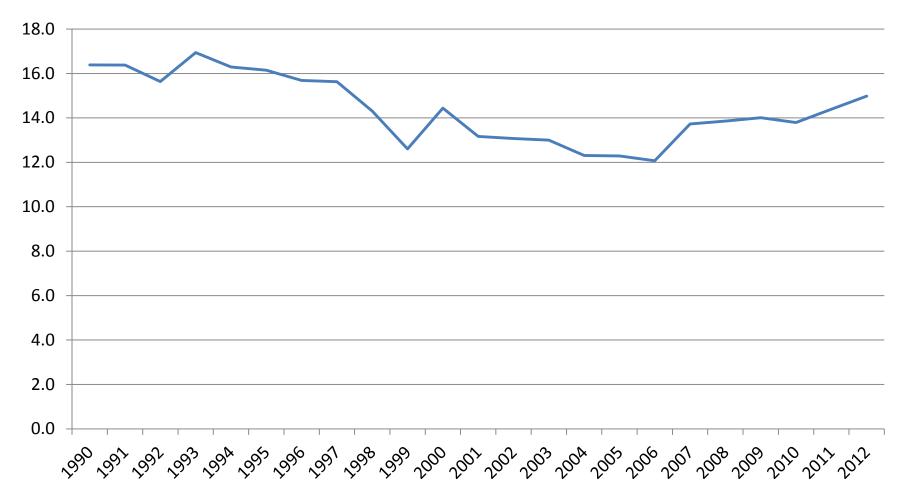
2001 – 2009 populations revised lower

2001 – 2010 Suicide rates revised higher





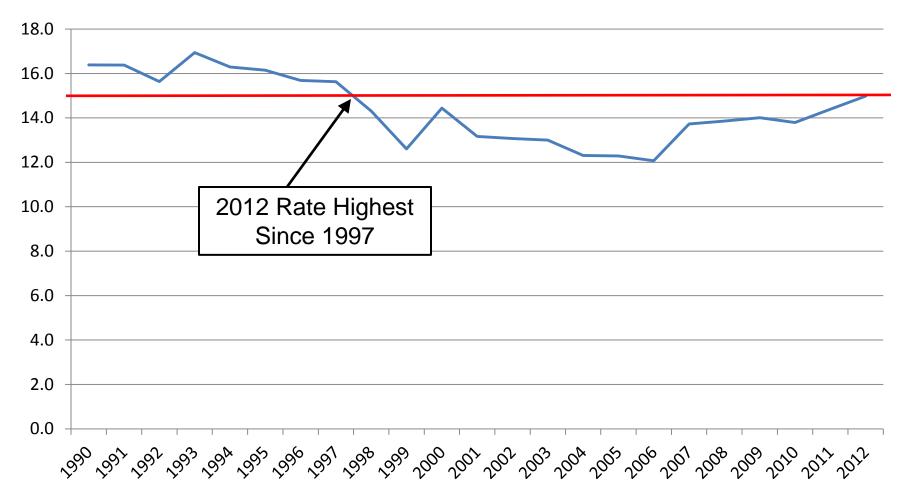
San Diego County Suicide Rates, 1990 - 2012







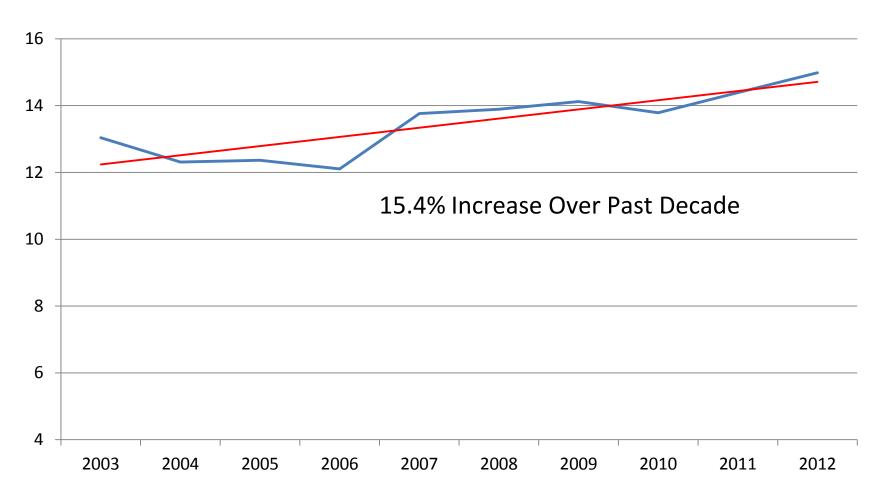
San Diego County Suicide Rates, 1990 - 2012







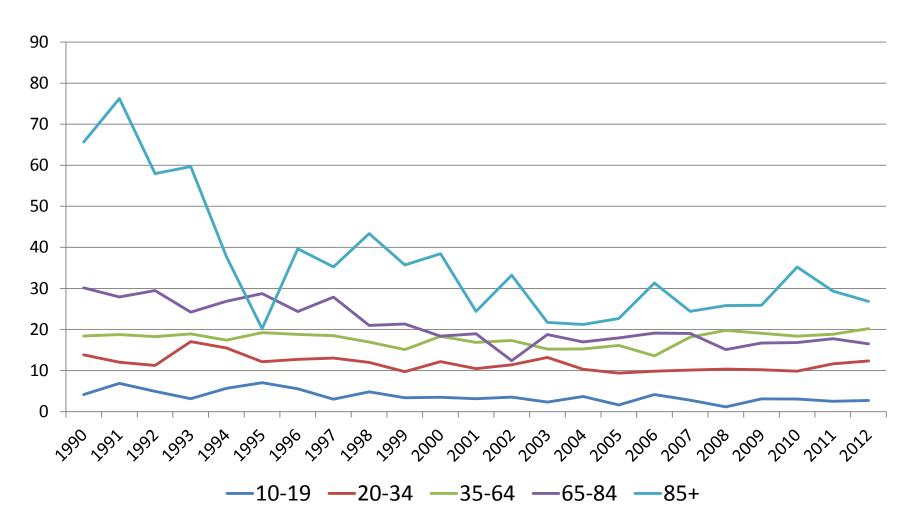
San Diego County Suicide Rates, 2003 - 2012







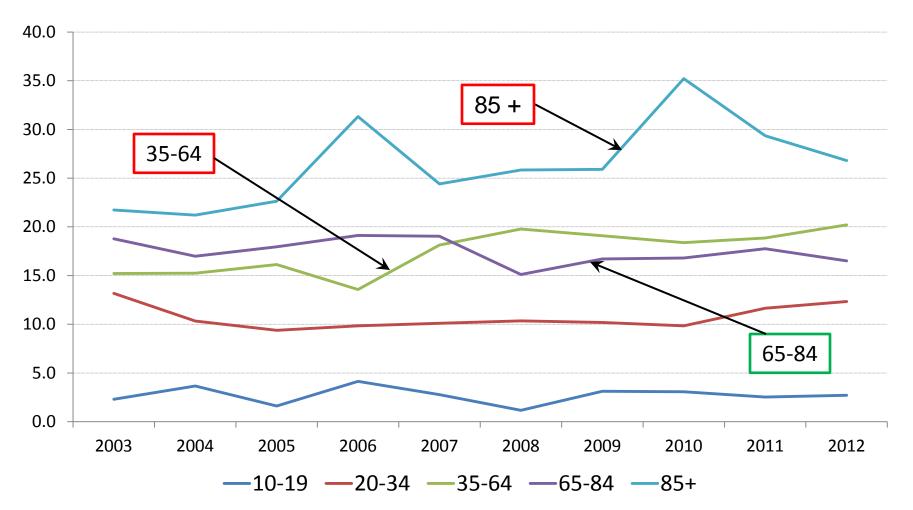
Suicide Rates by Age Group







Suicide Rates by Age Group









San Diego County Suicides, 2008 – 2012 (5-Year Totals)

MARITAL STATUS





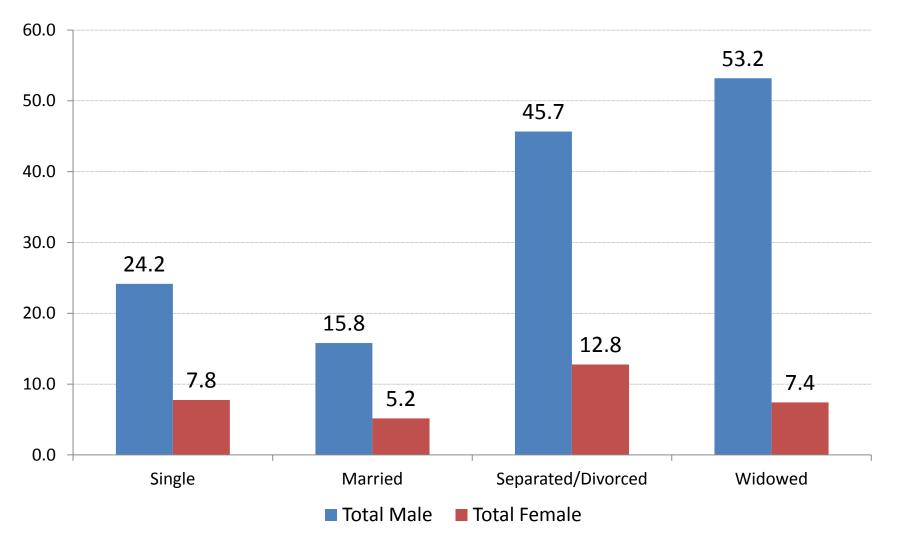
Marital Status

• 5-Year Review (2008 – 2012)

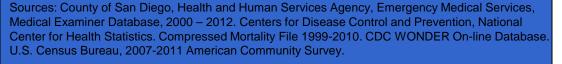
- 1851 Total Suicides
 - 1405 Male Suicides
 - 446 Female Suicides



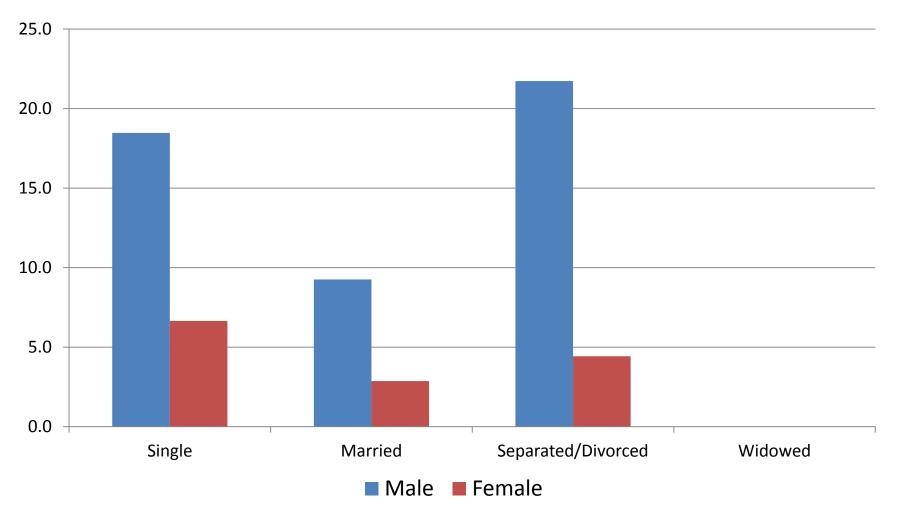
Total Suicide Rates 15 + Years







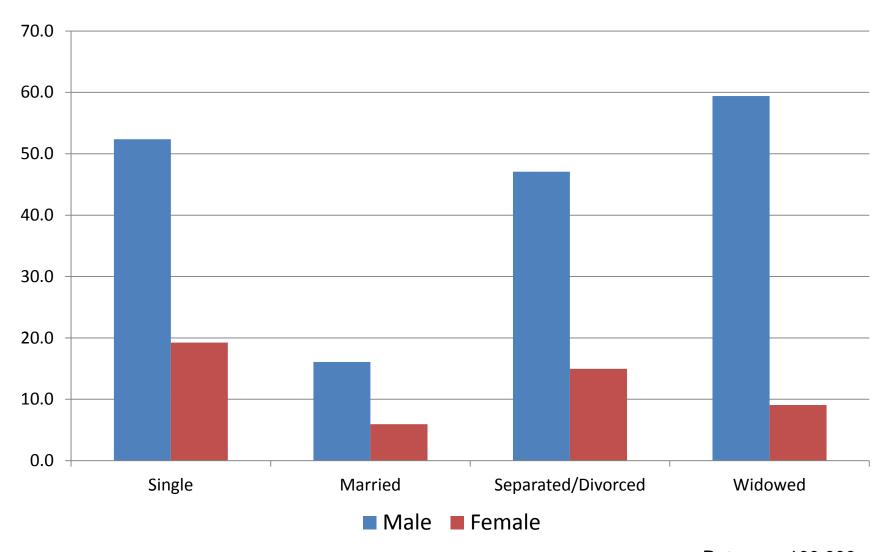
20 - 34 Years

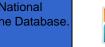






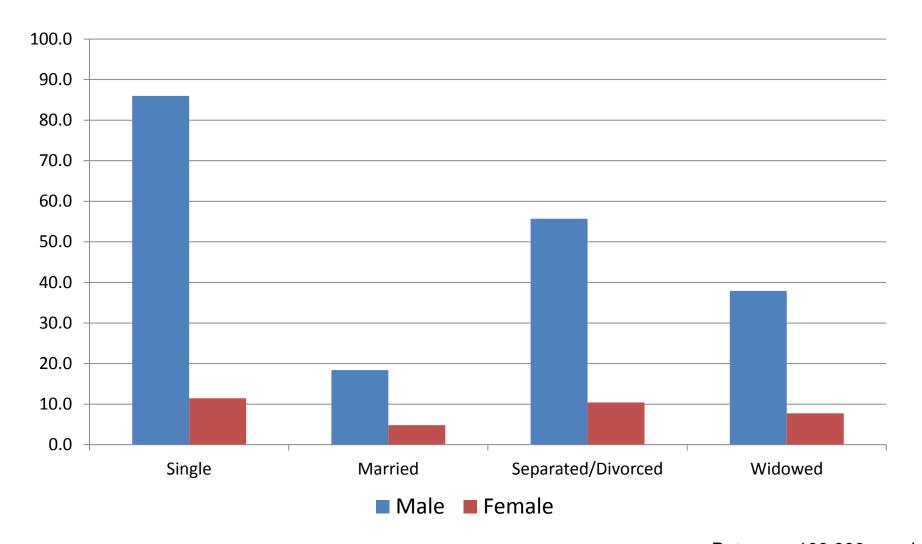
35 – 64 Years



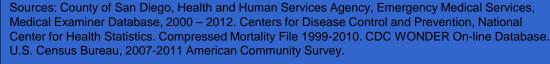




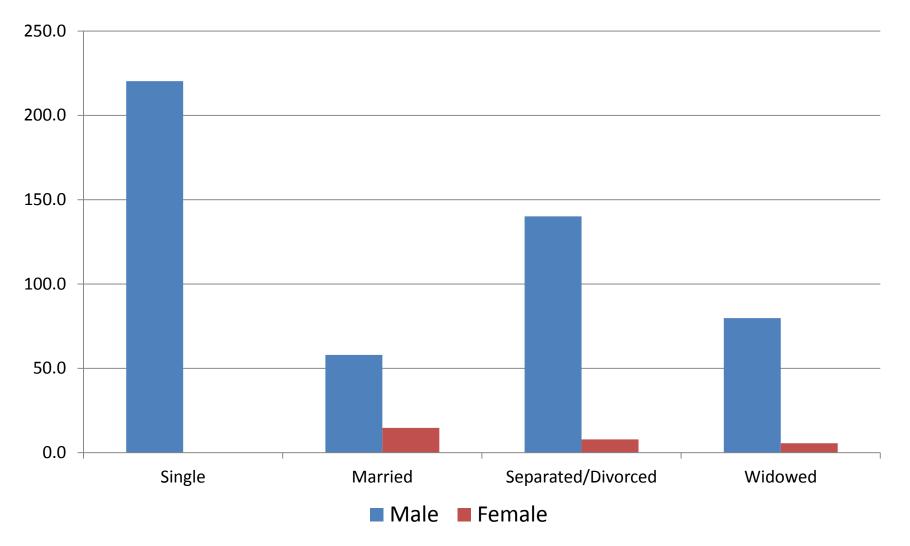
65 – 84 Years







85 + Years

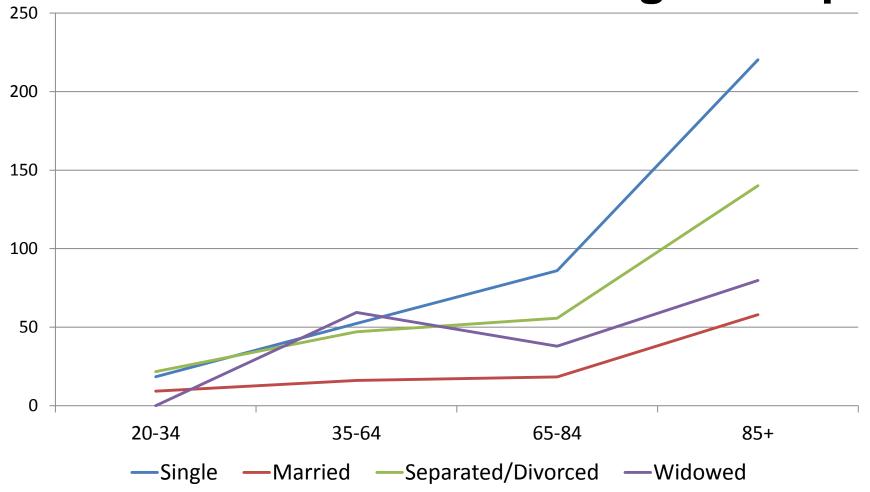


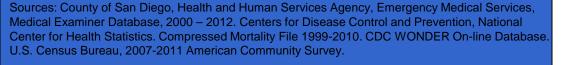
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Rates per 100,000 people

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.

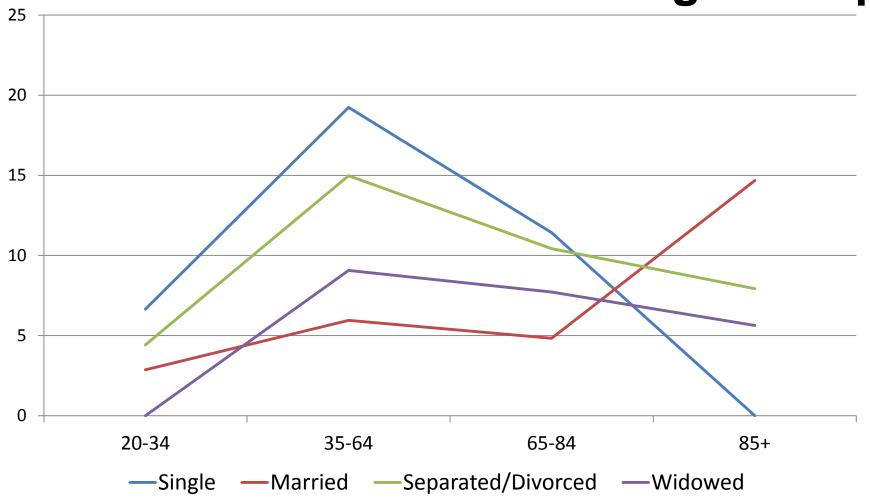
Suicide Rates for Males by Marital Status and Age Group





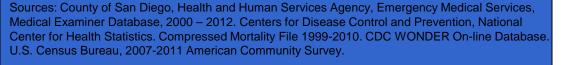


Suicide Rates for Females by Marital Status and Age Group









Married vs. Unmarried

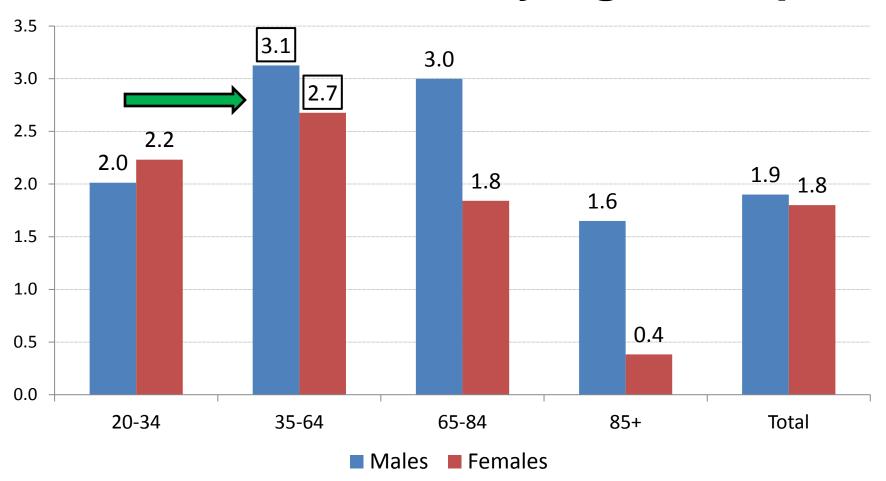
 Unmarried people are twice as likely to commit suicide in San Diego County as married people

(3 times as likely among those 35 – 64 years old)





Protective Effect of Being Married by Age Group



LIVE WELL COUNTY OF S



Rates per 100,000 people

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.

SAN DIEGO COUNTY VS NATIONAL RATES

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.





Comparison to National Data

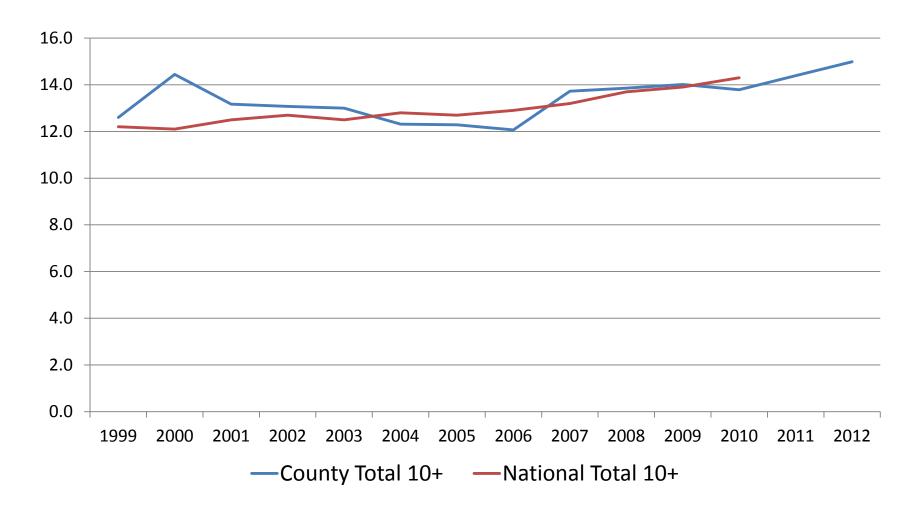
- 12 Years of National Data (1999-2010)
 - 396,423 Total Suicides

- 14 Years of SD County Data (1999-2012)
 - 4,829 Total Suicides





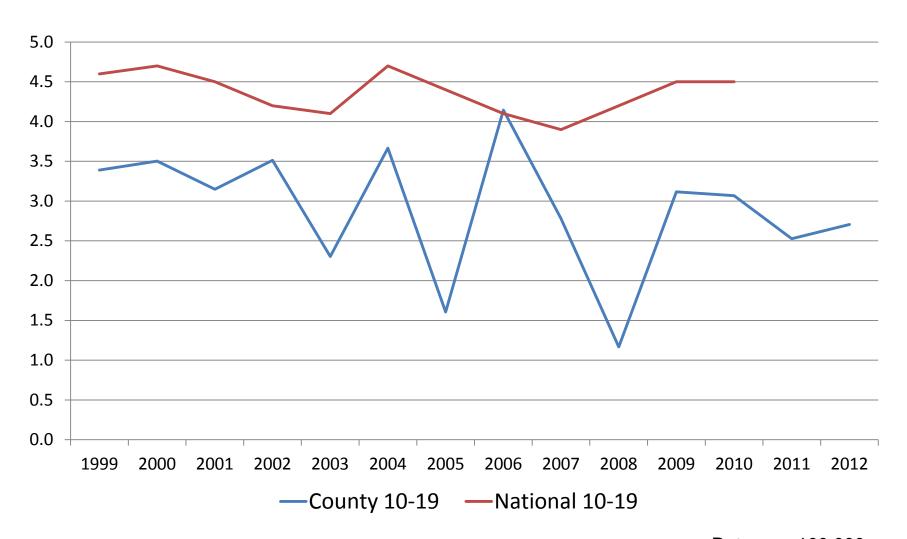
Total 10 years +







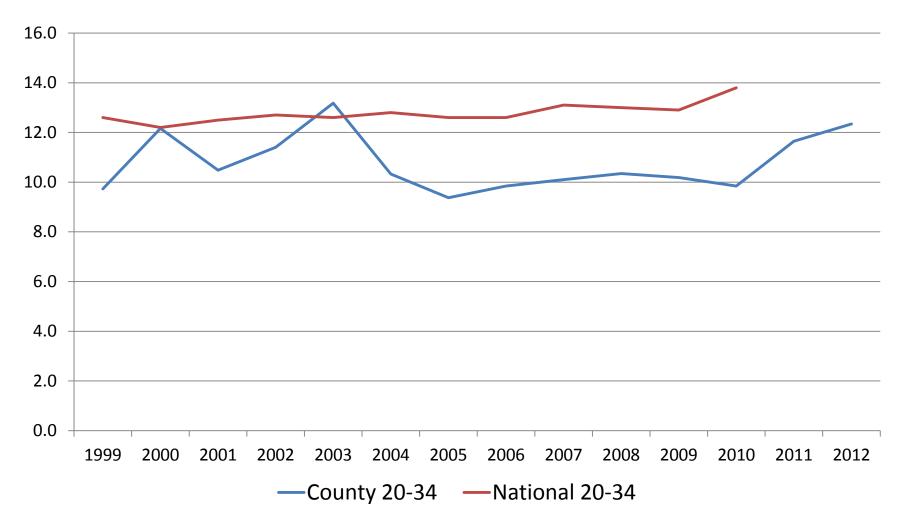
10 - 19 Years







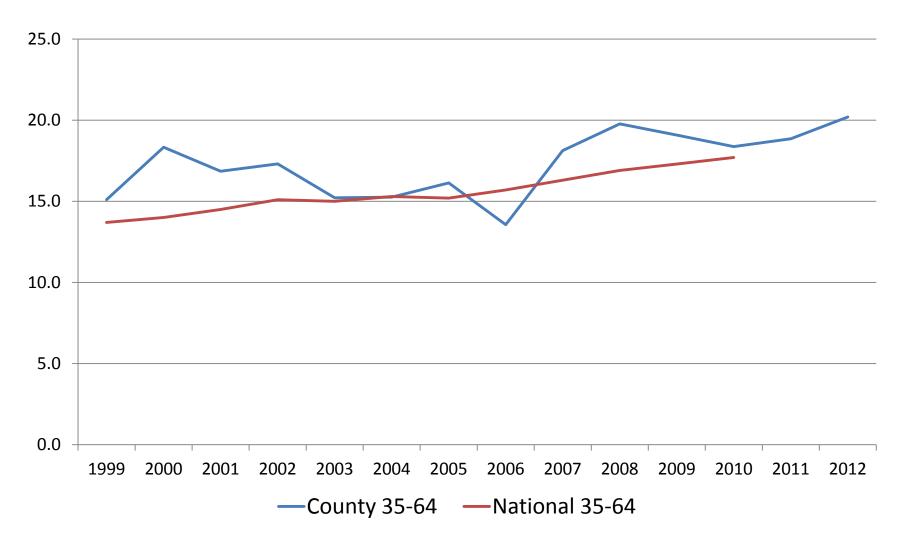
20 - 34 Years







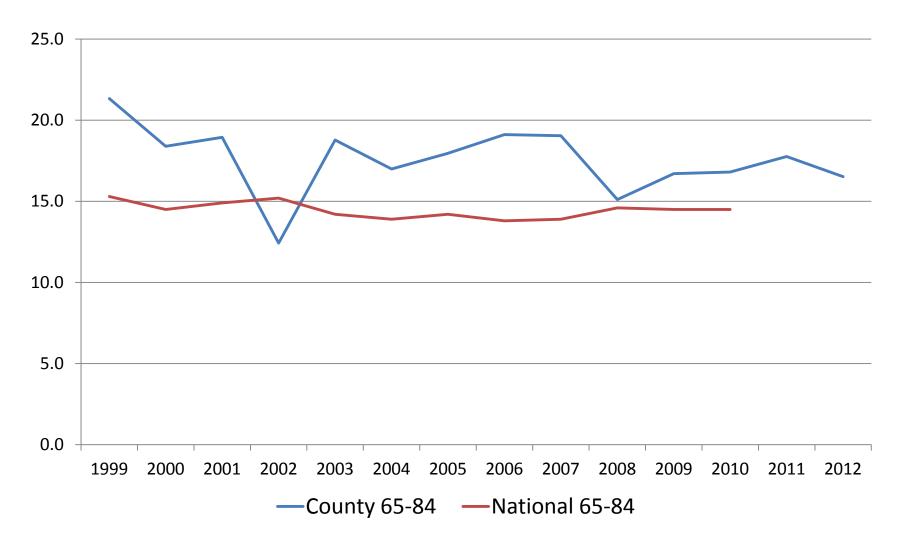
35 - 64 Years



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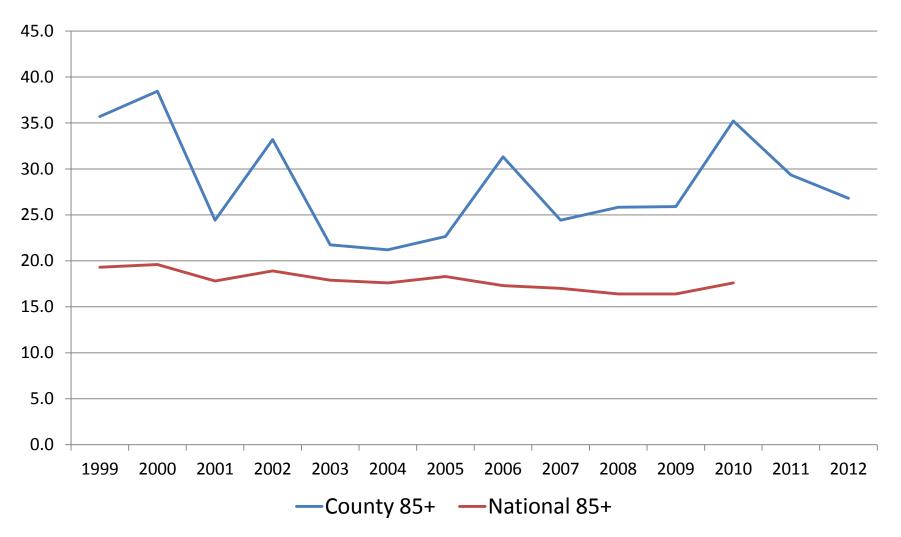
HEALTH AND HUMAN SERVICES AGENCY

65 - 84 Years





85 + Years







SAN DIEGO COUNTY VS CALIFORNIA STATE RATES

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2012. Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2010. CDC WONDER On-line Database. U.S. Census Bureau, 2007-2011 American Community Survey.





Comparison to California State Data

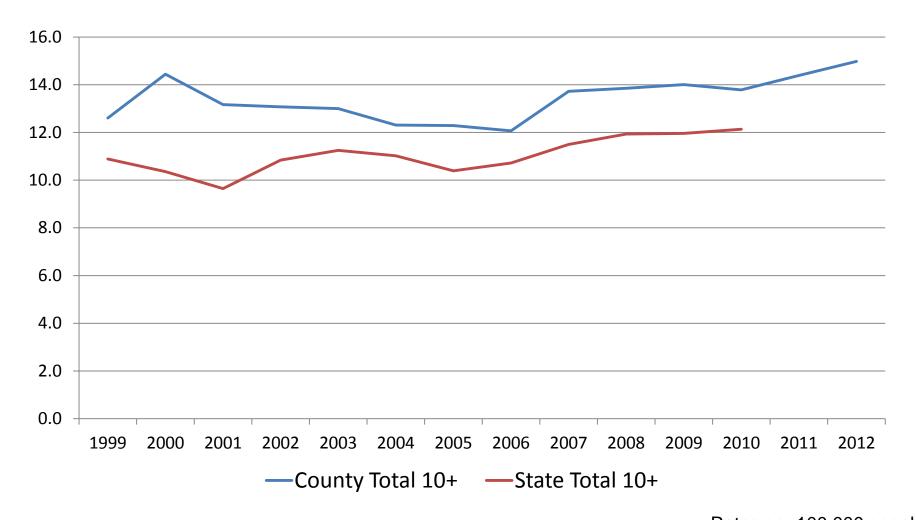
- 12 Years of CA State Data (1999-2010)
 - 40,500 Total Suicides

- 14 Years of SD County Data (1999-2012)
 - 4,829 Total Suicides

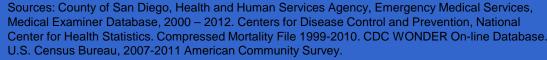




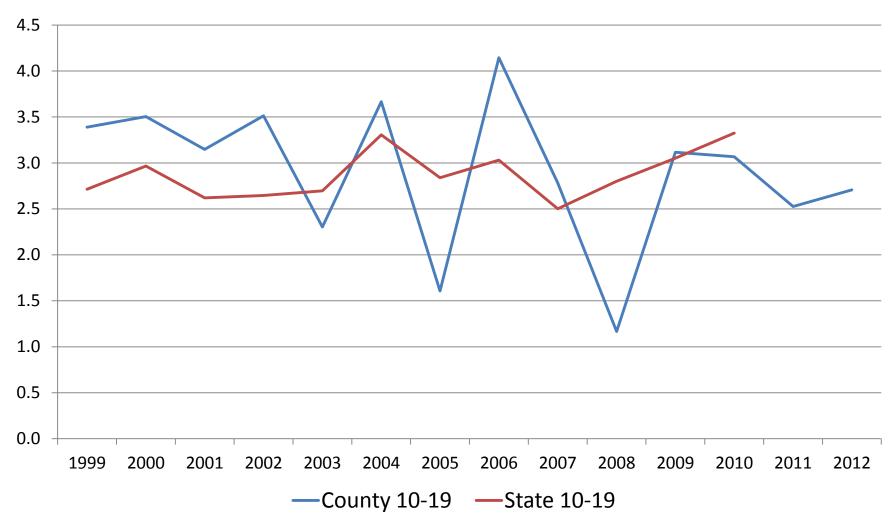
Total 10 + Years







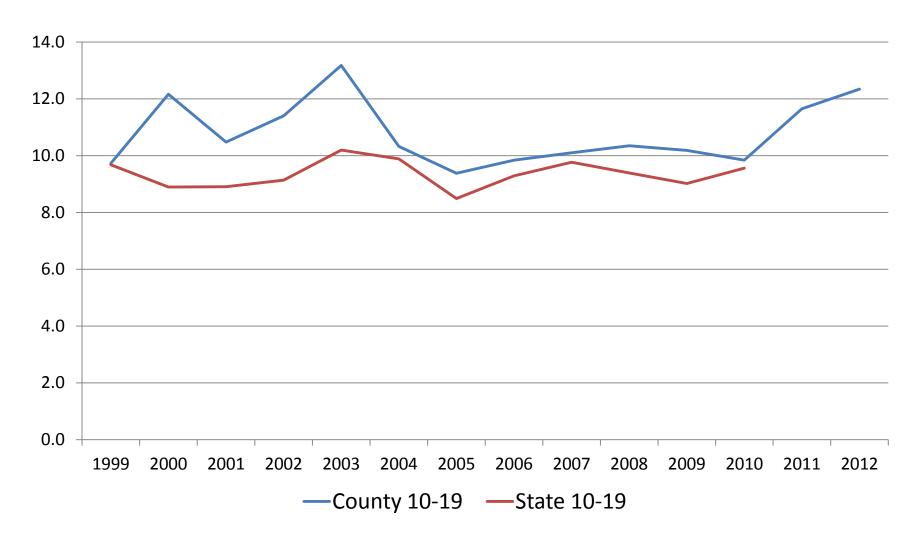
10 - 19 Years



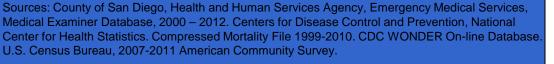




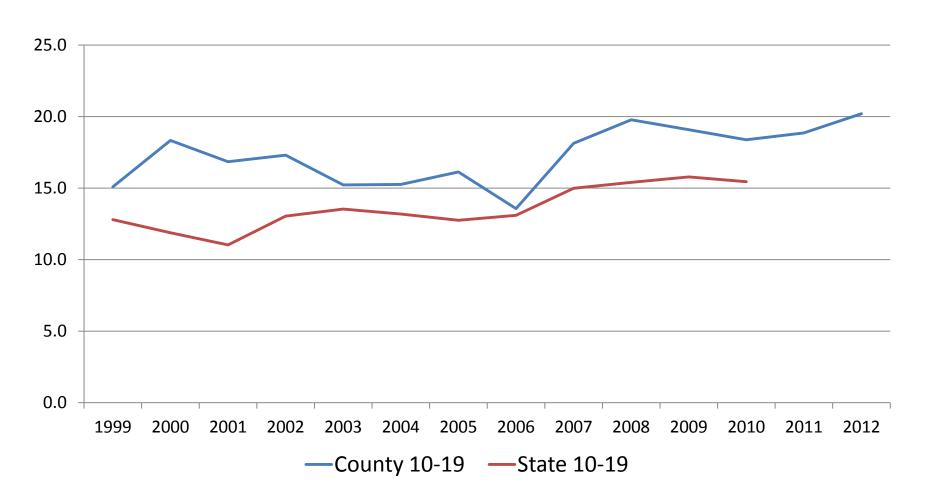
20 - 34 Years







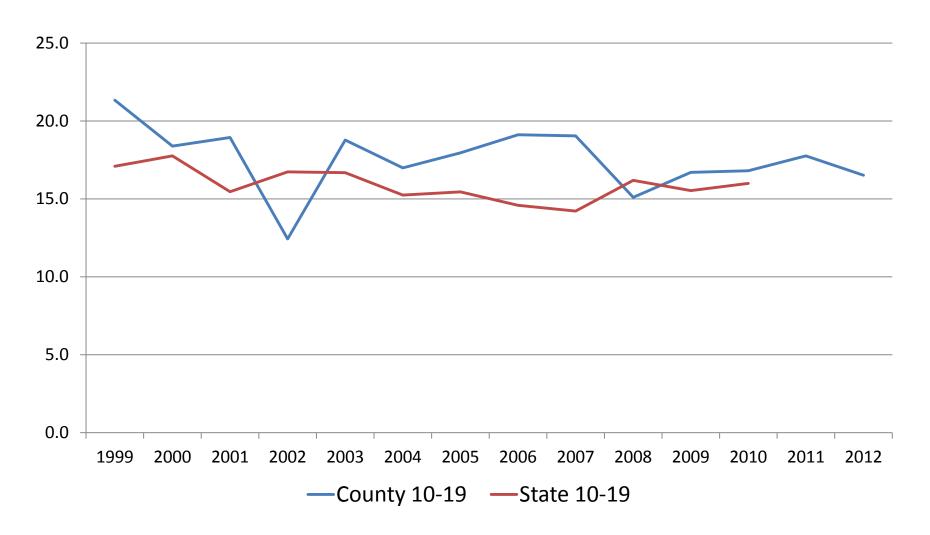
35 - 64 Years







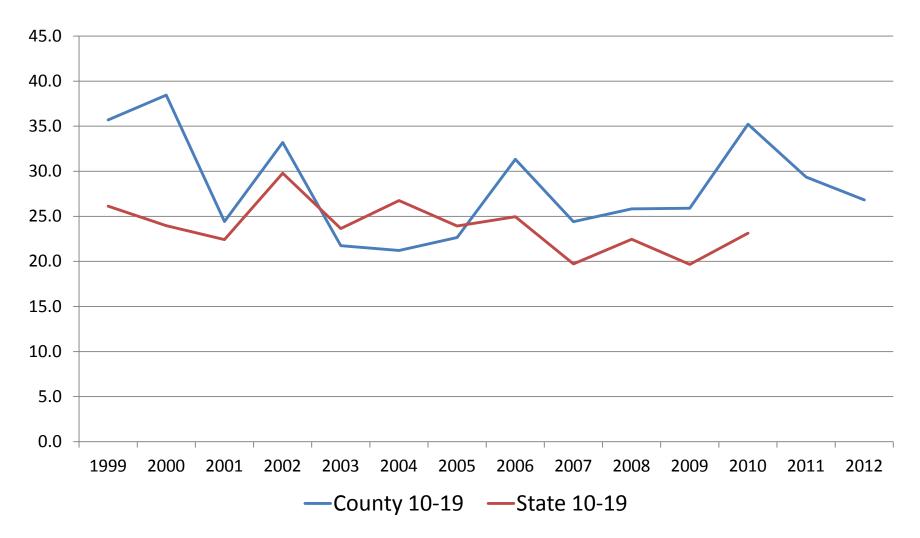
65 - 84 Years







85 + Years







Summary

- 2012 most suicides in SD County history
- 2012 suicide rate is highest in 15 years
- The ratio of male to female suicides is 3:1
- The ratio of suicides to homicides is ~4:1
- The suicide rate among white San Diegans is more than double that of other race/ethnicities
- Suicide rates have increased 15% last decade (24% among 85+ years)





Summary

- Being married has an extreme protective effect for suicide risk which is highest among those 35 – 64 years old
- Local suicide rates are lower than national rates for younger age groups but higher among older age groups
- SD County suicide rates are generally higher than California State rates





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