The San Diego County Suicide Prevention Council (SPC) Charter

Vision

The vision of the San Diego County Suicide Prevention Council (SPC) is zero suicides in San Diego County.

Mission

The mission of the San Diego County Suicide Prevention Council (SPC) is to prevent suicide and its devastating consequences in San Diego County. We believe this can best be accomplished through:

- Enhancing collaborations to promote a suicide-free community
- <u>Conducting needs assessments</u> to identify gaps in suicide prevention services and supports
- Disseminating vital information on the signs of suicide and effective help-seeking
- Providing resources to those affected by suicide and suicidal behavior
- Advancing policies and practices that contribute to the prevention of suicide

Core Values

The San Diego County Suicide Prevention Council (SPC) believes that these core values best support suicide prevention in San Diego County:

- A public health approach to prevention
- Collaboration and non-competitive partnerships
- Evidenced-based practices
- Cultural and linguistic sensitivity
- Coordinated and accessible services
- Support for individuals, families, and communities

Purpose

The San Diego County Suicide Prevention Council was originally formed as the Suicide Prevention Action Plan Committee (SPAP-C) to inform the development of the San Diego County Suicide Prevention Action Plan (Action Plan). After completion of the Action Plan, the Committee was renamed the Suicide Prevention Council (SPC) to reflect its new role in providing oversight, guidance, and support in the implementation of the recommendations made in the Action Plan. The SPC will move the implementation of Action Plan recommendations forward by adhering to the (SPC) Strategic Work Plan. This strategic work plan was developed by SPC partners in alignment with the recommendations made in the Action Plan, to guide their suicide prevention efforts over the next three years.

Role

The San Diego County Suicide Prevention Council's (SPC) role is to lead the charge to make suicide prevention a priority in our county. We have created opportunities for broad-based involvement in identifying, developing, and monitoring our local Action Plan. We will do this by:

- Effectively engaging stakeholders, clients, and the community at large;
- Collaborating with one another and others in the community to implement the activities and objectives defined in the SPC 3-year Strategic Work Plan; and
- Providing oversight and guidance to program activities developed and implemented as a result of the recommendations put forth in the Action Plan.

Membership

The San Diego County Suicide Prevention Council (SPC) shall engage members from the following stakeholder groups:

- Mental health providers, representing children, adults, and older adults
- Target populations
 - o Native American
 - Asian/Pacific Islander
 - o Lesbian, Gay, Bisexual, and Transgender
 - o Older Adult
 - o Transitional Age Youth
 - o Middle Age Men
- First responders (law enforcement, emergency medical technicians, paramedics, fire fighters, lifeguards)
- Faith-based communities
- Mental Health Services and other mental health providers
- Alcohol and Drug Services and other alcohol and drug providers
- Aging and Independence Services
- Pharmacists
- Suicide prevention organizations
- Schools (Pubic, Private, Community Colleges, Universities, etc..)
- Physical health providers
- Emergency department staff
- County of San Diego Mental Health Services Act Prevention and Early Intervention contractors
- Medical Examiner
- Help, warm, and crisis lines
- Military
- Veteran's Affairs
- Social services organizations
- Media
- Local businesses (employers, Chambers of Commerce)
- Consumers
- Others

Member Roles and Responsibilities

The roles and responsibilities of individual San Diego County Suicide Prevention Council (SPC) members shall be:

- 1. Participate in SPC activities, whether through SPC monthly meetings, subcommittee meetings, or email correspondence. Read pre-meeting materials, if provided, and come to meetings prepared to participate. Respond to requests for action sent via email if appropriate.
- 2. Maintain regular communication with SPC members, the SPC Coordinator, or the SPC Co-Chairs. If job responsibilities or obligations change and the member is no longer able to attend meetings and participate in SPC activities, make a recommendation for an alternate individual from your organization to fill this important role.
- 3. If committing to an action item through the SPC, follow-through on the commitment. If unable to fulfill this commitment, communicate this to the SPC Coordinator or Co-Chairs.

Meeting Schedule

The San Diego County Suicide Prevention Council (SPC) shall meet monthly on the fourth Tuesday of every month from 10:00 – 11:30am at the Community Health Improvement Partners (CHIP) offices, unless determined otherwise.



